

Services For Education

This comprehensive online course is designed for teachers, teaching assistants and pastoral staff working with children and young people in school settings. Through interactive activities and practical guidance, delegates will explore how behaviour acts as a form of communication, particularly in the context of trauma and unmet emotional needs.

Key areas include:

- Recognising and responding to trauma-informed behaviours
- De-escalation techniques to reduce conflict and support regulation
- Strategies for fostering emotional safety and trust
- Practical tools for supporting pupils to regulate emotions and engage positively in learning

By the end of the course, participants will have a deeper understanding of the link between behaviour and emotional need, enhanced confidence in managing challenging behaviour and practical strategies to promote calm, connected and inclusive classroom environments.