

Services For Education

Supporting a bereaved child can seem daunting but there are ways you can make a difference. You may not be able to remove the pain and make things better but you will be able to provide support, strategies to help to manage overwhelming feelings and create a safe space in school for a child who is grieving.

Whilst the current crisis is uppermost in our minds, this webinar takes account of the fact that many children will also experience bereavement which is unrelated to covid 19 – roughly 24000 children each year are bereaved of a parent. This 60 minute video-based course is suitable for supporting all of those children.

This video-based course is suitable for teachers and other adults working with children. It begins with useful knowledge to further understand the determinants of grief, age and levels of understanding, and trauma. It then moves on to look at the way in which schools can respond, both reactively and proactively, and concludes with a consideration of policy and long term planning. There are also references for useful and informative resources.

For more information, [contact us here](#).

About Liz Bates (Course Leader):



Liz taught for over 25 years before becoming an education advisor specialising in Mental and Emotional Health and Wellbeing.

She has successfully supported many schools in their approach to both pupil and staff wellbeing, providing training and consultancy around emotionally safe classrooms, secure bases for pupils and staff, attachment and trauma, mental health and mental illness, Protective Behaviours, and other issues relating to wellbeing.

Much of Liz's work is bespoke, creating support packages through dialogue with individual schools. Liz has written 3 books and teaching resource packs for schools and other organisations that work with children.

These have been extremely well received and are used nationally, helping children explore the internal world of their feelings and thoughts, manage anxiety and self-calm. Liz regularly runs workshops and speaks at conferences around the country. Liz also works as a wellbeing advisor for Optimus and a trainer for the Anna Freud Centre in London.

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